

## April & May PNI Trainings

Rate for CPR/First Aid: \$70.00

**Pre-registration is required for all classes by contacting the PNI office.**

**Class fee is non-refundable.  
Payment must be received in our office prior to class date to secure a spot.**

**LINCOLN - Instructor: Becky Burns**

### SAFE WITH YOU

April 20, 2024 • 9:00 am - 1:00 pm

### CPR/FIRST AID

May 18, 2024 • 9:00 am - 12:00 pm

Safe With You classes are currently  
FREE due to grant funding.

**PLEASE CALL US TO REGISTER!**



**Remember to check KidKare messaging for your claim summaries, home visit reports, the PNI newsletters and the direct deposit date!**

Check out our website for important PNI news and ongoing nutrition information!

<https://www.pnicacfp.org>

### Infant Documentation Reminder

Providers are required to keep the *Introduction to Solids Form* current and updated on-site as new solids are introduced and served to infants six months and older. Many providers are only recording or claiming breastmilk/formula for older infants (6-8 months and older) and are not recording the additional solids served. It is important that you are serving and also adding those components to your documentation. As we are doing reviews, we like to have a clear picture of what the infant is being served and can be assured that the infant's nutritional needs are being met at each meal as they grow. If at any time an infant does not have a solid but normally would, that is fine. However, remember to make a note in your comments as to why the infant did not have solids that day (i.e. didn't feel well, parent request, etc.). That covers all the bases so that when we are reviewing claims, we can just look there for any additional notes or clarifications without having to bother you with additional questions during your busy days.

We know the transitional phase for infants can sometimes be confusing and we are here to help! Please do not hesitate to contact your advisor or the office if you have any questions!

### All CRF's must be received by the end of the month.

Mail your pending CRF's right away when a child starts in your care instead of waiting until the end of the month.

### Five Little Flowers Poem

Five little flowers growing in a row.  
The first one said, "I'm purple, you know."  
The second one said, "I'm pink as pink can be."  
The third one said, "I'm blue like the sea,"  
The fourth one said, "I'm a very red fellow."  
The fifth one said, "My color is yellow."  
Then out came the sun, big and bright.  
The five little flowers smiled in delight!

## Simple Snack Ideas:



Tuna Salad and Whole Grain Crackers  
Cottage Cheese and Pineapple  
Hard Boiled Eggs and Cherry Tomatoes  
Ham Cubes and Cantaloupe  
Avocado Slices and Whole Grain Pita Bread  
Soft Pretzels and Applesauce



## Tips for a “Choosy” Eater

Credit: Nibbles for Health Nutrition Newsletter, Team Nutrition USDA



“Choosy” eating is common among preschoolers. Your child may eat only certain types of foods. He or she may play at the table and not want to eat. Don’t worry. As long as the child has energy and is growing, he or she is most likely eating enough.

## How to Cope With a “Choosy” Eater

1. Consider what your child eats over several days. Most children eat more variety throughout the week than in 1 day.
2. Trust your child’s appetite. Don’t force him or her to eat everything on the plate. Making a child eat when he or she is not hungry may encourage overeating.
3. Set reasonable time limits for the start and end of a meal. Remove the plate quietly. What is reasonable depends on the child.
4. Stay positive. Avoid calling your child a “picky eater.” Children believe what you say.
5. Offer healthy choices for your child to choose from. For example, “Would you like broccoli or carrots?”

## Ways to Encourage Your Child to Try New Foods

1. Offer one new food at time. Start small. Let your child try small portions of new foods.
2. Offer new foods first. Your child is most hungry at the start of a meal.
3. Cook and garden together. These activities make new fruits and vegetables fun.
4. Be a good role model. Try new foods yourself. Describe the taste, texture, and smell.
5. Be patient, new foods take time. It may take 10 times or more tries for a child to accept a new food!!

We would like to **WELCOME**  
**Bobbi Jo Becker of York and Jamal Khafaji Zad of Lincoln**  
to the Provider’s Network Family!  
We are excited to be working with you and your child care!

**THANK YOU and CONGRATULATIONS to**  
**Laurie Fox of York and Mioara Alexa Konnerth of Lincoln**  
for their provider referrals!

Laurie and Mioara will each receive a  
\$50.00 Visa Gift Card for their referrals.

You can receive a \$50.00 Visa Card for any new eligible providers to  
PNI. Please contact us with any questions and make sure that your  
referral provider gives us your name when they call to sign up!

## IMPORTANT MONTHLY REMINDERS:

**Tentative Monthly Direct Deposit  
Date Range: 19th - 28th**

Due to the continued fluctuation in receiving the claim funds from NDE each month, we feel it is best to no longer give a tentative deposit date “guess” in the newsletter, but rather a date range based on historical deposit dates. However, each month, once the funds are deposited into our account, we will send a notification to everyone directly through KidKare Messaging with the specific deposit date. Should there be a deposit delay beyond the 28th any month, we will notify you ASAP through KidKare Messaging so the info is at your fingertips!

**Watch KidKare Messaging for the specific deposit date once we receive it!!**

- ✓ **Per USDA Regulations:** all meals and attendance must be recorded by 11:59 pm every day. **If you run into login issues, you must call and leave a message at the office or send us an email the SAME DAY of occurrence for reimbursement consideration.**
- ✓ On-line claims should always be submitted the last day of the month, after your last meal has been entered.
- ✓ All Registration Forms must be received by the end of each month. **Mail your CRF’s right away when a child starts in your care instead of waiting until the end of the month.**
- ✓ Add non-school days to each school age and preschool child’s calendars before the end of each month to avoid deductions.
- ✓ You must contact the office if you plan on moving or changing directors **PRIOR TO THE MOVE OR CHANGE.** If you contact licensing, you are responsible for contacting PNI as well.
- ✓ If you call the office and no one answers, please leave a detailed voice mail and your call will be returned within 24 hours. You can also email your advisor, Lara, or Carrie at anytime.