

March & April PNI Trainings

Rate for CPR/First Aid: \$70.00

Pre-registration is required for all classes by contacting the PNI office.

Class fee is non-refundable. Payment must be received in our office prior to class date to secure a spot.

LINCOLN - Instructor: Becky Burns

SAFE WITH YOU

April 20, 2024 • 9:00 am - 1:00 pm

No March Trainings

Safe With You classes are currently FREE due to grant funding.

PLEASE CALL US TO REGISTER!



LIKE US at
www.facebook.com/NationalCACFP for CACFP week posts during CACFP week and everyday!



The purpose of National CACFP Week March 10-16 is:

1. To educate parents and the community about how the CACFP helps child care providers serve well balanced, nutritious meals,
2. To promote proper nutrition for growing children,
3. To ensure long-term health benefits by creating healthy eating habits. Celebrate and promote National CACFP Week in your home together with the children you serve!

Here is a list of activities to promote community awareness of the CACFP and its importance to the quality of child care:

- > Plan an activity with your children. Take a picture of the children doing the activity. Send the picture to your U.S. Congressperson and Senators along with a short note about how the CACFP helps promote lifelong healthy eating habits in young children.
- > Plan at least one nutrition activity this week and inform the parents. Need ideas: Check out www.facebook.com/NationalCACFP
- > Involve your children in planning this week's meals and snacks.
- > Talk with your children about how eating nutritious foods now will help them to be healthier adults later. Example: foods that are good for you will help you stay healthy and strong.
- > Try a new recipe. Ask parents if they have a recipe that they would like to share.
- > Make a commitment to improve monthly menus by: adding more fresh fruits and vegetables, evaluating the menus for plate appeal, or increasing the use of whole grain products. **Make HEALTHY eating FUN!!**

Learn more at cacfp.org

2023 Tax Statement

If you utilize KidKare, your CACFP tax information is easily accessible to you! You are immediately able to view and print your 2023 tax information for your December 2022 to November 2023 claims paid in 2023. This report will give you all the information needed for your food program income for the year. Please call the office if you have any questions regarding your 2023 tax information.

To run your tax report from KidKare go to:

REPORTS → CLAIM STATEMENTS → TAX REPORT → 2023 → RUN



Roasted Zesty Chickpeas

- 1 (15 oz.) can chickpeas, drained and rinsed
- 1 T. oil
- ½ T. lemon pepper seasoning

Preheat the oven to 425°F. Line a medium baking sheet with parchment paper. Place the chickpeas on kitchen towels and lightly rub to remove excess moisture; remove loose skin. Add the chickpeas to a medium bowl and drizzle oil on top. Toss the chickpeas until all are coated with oil. Spread out the chickpeas on the pan leaving enough space between them to crisp up. Place in the oven and bake for 30-45 minutes or until golden brown. Remove from the oven and transfer roasted chickpeas to a medium bowl; add the seasoning. Toss contents in bowl until seasoning covers all the chickpeas.

Snack Menu Suggestion: Roasted Zesty Chickpeas and whole grain pita bread

IS THERE A CHANGE IN YOUR HOUSEHOLD SIZE?

If your household size changes due to getting married, having another child, or anyone moving into your household, you **MUST** contact the office prior to this change. A change in your household size may affect your Income Eligibility status. We must redetermine your income status and obtain the necessary paperwork regarding your income or change within the same month. Please do not wait until after your household change to notify us. USDA states that Income Eligibility paperwork can NOT be back dated so it is very important that you contact the office immediately so you can fill out a new Income Eligibility Application with current verification, if needed, within the current month. If your household size changes, please call the office and we will direct you on any further action needed.

THINK YOU MIGHT QUALIFY TO CLAIM YOUR OWN CHILD(REN)?

If you are not currently claiming your own children, but think you may qualify based on your 2023 taxes, please call Lara in the office. She will go over all the needed income verification with you and help you complete the Income Eligibility Application.

Remember to look at KidKare messaging and your regular email daily for important PNI information!!

IMPORTANT MONTHLY REMINDERS:

Tentative Monthly Direct Deposit Date Range: 19th - 28th

Due to the continued fluctuation in receiving the claim funds from NDE each month, we feel it is best to no longer give a tentative deposit date "guess" in the newsletter, but rather a date range based on historical deposit dates. However, each month, once the funds are deposited into our account, we will send a notification to everyone directly through KidKare Messaging with the specific deposit date. Should there be a deposit delay beyond the 28th any month, we will notify you ASAP through KidKare Messaging so the info is at your fingertips!

Watch KidKare Messaging for the specific deposit date once we receive it!!

- ✓ **Per USDA Regulations:** all meals and attendance must be recorded by 11:59 pm every day. **If you run into login issues, you must call and leave a message at the office or send us an email the SAME DAY of occurrence** for reimbursement consideration.
- ✓ On-line claims should always be submitted the last day of the month, after your last meal has been entered.
- ✓ All Registration Forms must be received by the end of each month. **Mail your CRF's right away when a child starts** in your care instead of waiting until the end of the month.
- ✓ Add non-school days to each school age and preschool child's calendars before the end of each month to avoid deductions.
- ✓ You must contact the office if you plan on moving or changing directors **PRIOR TO THE MOVE OR CHANGE**. If you contact licensing, you are responsible for contacting PNI as well.
- ✓ If you call the office and no one answers, please leave a detailed voice mail and your call will be returned within 24 hours. You can also email your advisor, Lara, or Carrie at anytime.